

# CAR SEAT RESOURCES IN THE SACRAMENTO AREA

The agencies below help parents and caregivers with installing child safety seats correctly. Some agencies may provide low-cost seats to families who qualify.

(Updated to reflect COVID-19 Changes)

## Car Seat Classes

All agencies below offer car seat classes **by appointment only**. Call for more information.

**Safe Kids/Dignity Health:** Provides a low-cost car seat program available for low-income families with proof of assistance. The program includes online car seat education training and in-person appointments to show installation. Also offers in-person and virtual child safety seat checks. Child Safety Seat Checks appointments can be scheduled on the website: [Safekidssacramento.org](http://Safekidssacramento.org)

Call for more information:

English (916) 864-5779  
Spanish (916) 904-3799  
Hmong (916) 864-5541

**\*UC Davis Health:** Free car seat classes in English and Spanish for eligible families. Classes are currently offered virtually, for more information and to set up an appointment please call: (916) 734-9798

## California Car Seat Law

Effective January 1, 2017: Children under 2 years of age must ride in a rear-facing car seat unless the child weighs 40 or more pounds OR is 40 or more inches tall. Children under the age of 8 must be secured in a car seat or booster seat in the back seat. Children who are 8 years of age OR have reached 4'9" in height must be secured by a safety belt. Passengers who are 16 years of age and over are subject to California's Mandatory Seat Belt law.

## Violator Program

Programs offered for car seat and youth seat belt violations. Programs are by appointment AND court referral ONLY. Classes are currently offered virtually please call for more information.

\*UC Davis Health Buckle Up Baby Program:  
(916) 734-9798

\*Yolo County HHSA: (530) 406-4410

\*Safe Kids/Dignity Health:

English (916) 864-5779

Spanish (916) 904-3799

Hmong (916) 864-5541

Russian (916) 864-5566

\*Sacramento County-Car Seat Program:  
(916) 875-5869

## Car Seat Checks

El Dorado:  
El Dorado Hills Fire  
Department Station  
(916) 933-6623  
By Appointment

Elk Grove:  
Cosumnes Fire Dept.  
(916) 405-7114

Folsom:  
Folsom Fire  
Department  
(916) 461-6300

Placer:  
CHP Newcastle  
(916) 663-3344

Rocklin:  
Rocklin Public Safety  
Foundation  
(916) 768-4339

Lighthouse  
Counseling FRC  
(916) 645-3300

Roseville Fire Dept.  
(916) 772-6300

Sacramento:  
CHP Capitol Protection  
(916) 341-4740

CHP North Sacramento  
(916) 348-2317

\*CHP Valley Division  
(916) 731-6320

\*Safe Kids/Dignity  
Health Mercy San Juan  
Methodist Hospital  
(916) 864-5779

\*UC Davis Health  
(916) 734-9798

Yolo:  
\*CHP Woodland  
(530) 662-4685

\*Woodland PD  
(530) 661-7857

Yolo County HHSA  
(530) 406-4410

AAA:  
Visit  
[aaa.com/carseats](http://aaa.com/carseats)  
To find car seat check  
near you

For more information, call the  
Sacramento County Car Seat  
Program at  
(916) 875-5869 (CA Relay 711)

SACRAMENTO COUNTY



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